Consent Form

IRB Reference # 2011A7943

You are being asked to take part in a research study which will compare problem paradigms (or outlook) with successful completion rates in an intensive outpatient program (IOP). You are being asked to participate because you are currently enrolled in an IOP. This research is being conducted by Michael Cawvey (Student at Texas State University- San Marcos, [mc1641@txstate.edu](mailto:mc1641@txstate.edu)) through Texas State University and faculty sponsored by Randall Osborne (Professor at Texas State University- San Marcos, [ro10@txstate.edu](mailto:ro10@txstate.edu)).

Participants in this study will be given three assessment questionnaires which should take about 15 minutes to complete. The three questionnaires each relate to how you view the world and your problems, and scores will be compared to completion rates in the IOP to see if there is a difference that could be affected by the way people see their problems.

Risks in this study are minimal and consist mainly of discomfort that may come up as a result of thinking more about your problems while filling out the questionnaires. If you experience unpleasant emotions during the assessment or any other time you are encouraged to discuss them with the qualified health care professionals in your IOP. You may also contact the Student Counseling Center of Texas State University- San Marcos at 512-245-2208 or the Austin Psychology and Assessment Center at **512-891-1500**. Please note that any costs associated with any assistance you might receive are your responsibility.

Risks of this study are outweighed by the benefits of adding knowledge to the understanding of early recovery treatment and the field of psychology. Knowing that you are contributing to this knowledge will be the primary benefit to participants and participants will not be compensated monetarily or otherwise for their involvement with this study. Participants may withdraw from the study at any time without consequence or penalty of any kind.

Confidentiality is guaranteed in this study, but anonymity is not. Participants will be identified by number rather than name and all data collected will be stored separate from consent forms so that data cannot be linked to an individual. Any participant who would like to know the results of this study may request to have the results e-mailed to them by listing their e-mail address here \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Any questions may be asked now or should be directed to Michael Cawvey or Randall Osborne at their above listed e-mails. Questions about research approval, participant rights and any research related injuries should be directed to the Texas State University IRB chairperson, Dr. Lisa Lloyd at (512) 245-8358, and to the Office of Sponsored Programs Administrator, Ms. Becky Northcut at (512)245-2102.

By signing, you are stating that you understand that you are free to withdraw consent and discontinue participation in this study at any time. You will have an opportunity to request a copy of this information to keep for your records.

**Statement of Consent:**

I have read the above information. I have asked questions and have received answers. I consent to participate in study.

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Participant’s Signature Date

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Printed Name

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Researcher’s Signature Date

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Printed Name